



Bridlewood Primary School  
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 website: www.bridlewoodprimaryschool.org.uk  
 Headteacher: Mrs V Sammon

*A place for learning, caring, sharing and growing together.*

Friday 12<sup>th</sup> January 2018

Dear Parents,

**Skipping 4 Life day to be held on Monday 15<sup>th</sup> and Tuesday 16<sup>th</sup> January 2018**

I am delighted to inform you that we have invited “Skippy John” from “Skipping 4 Life” to work with all year groups to teach various skipping skills and then present a “show” to the whole school on the above dates.

“Skippy John” (the name Richard Hammond gave him when he appeared on “Total Wipeout”) has over 7 years of experience teaching & demonstrating skipping skills in primary schools across the UK.

Skipping 4 Life’s aim is to encourage children and adults to skip for health, fun and fitness, whilst promoting modern and traditional skipping games, including **Individual Skills, Partner Skipping, Double Dutch & Long Rope Team Games.**

If children would like to purchase the high quality British made ‘**speed ropes**’ used, they will be available on the day. These ropes used by international skipping teams are, strong, light and easy to turn to allow children and adults to progress rapidly.

KS1 & KS2 Child Ropes **£4.00** each

**\*\* NEW \*\* CHILDREN’S SOLAR Ropes £5.00 each. Indoors the cord is colourless, but once you skip outside it changes to cool deep purple; an excellent gymnastic rope guaranteed to get the children playing out! .**

Yours sincerely,  
 Miss Hulse

Skipping Ropes will be available to purchase after school from the coach on the day  
**Or please complete the slip below and return to school to order your ropes**

Child’s Name ..... Class.....

Would like to purchase ..... Children’s ropes @ £4.00 each .....  
 ..... Solar ropes @£5.00 each .....

I enclose payment of £..... (cash preferred or cheques made payable to “skipping 4 Life” with your child’s name and class on the reverse please)



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